



Nuclear Stress Test Instructions

Allow at least 2 to 3 hours to complete testing. Please do not make any other appointments on that day. In the event there are unexpected delays.

No caffeine (including coffee, Tea, Chocolate, Soda, Or decaffeinated beverages 24 hours prior to test) and no smoking at least 4 hours prior to test

Nothing to eat 4 hours prior to test Please drink plenty of water and only water the day of the test. Please make sure that you are hydrated for this test dehydration will make it difficult to start an IV.

You may take you medicine as your normal do unless otherwise instructed.

DO NOT TAKE YOUR BETA BLOCKERS (IE Atenolol, Metoprolol, Bisoprolol ,Carvedilol, Labetalol unless otherwise instructed)

For treadmill testing please wear walking shoes and no metal shirts. Please refrain from wearing necklaces for test.

We will confirm your appointment prior to the scheduled date.

You will be charged \$125.00 for missed nuclear appointment or for not following the above instructions resulting in cancelation.

I have received a copy and understand this instruction.

Patient Signature: