Walking treadmill Stress Test

1. Wear comfortable clothing something that you can walk in please refrain from wearing Flipflops and Heels.
2. You will have to remove your shirt for testing. Females may wear a button-down shirt for comfort if needed.
3. You can eat food that day.
4. If you take a Beta blocker DO NOT take this the day of your stress test. If you do you test will be Cancelled and you will be charged a fee per our office policy's.

Patient Signature _____